



The Great Plate

MADE WITHOUT GLUTEN SUMMER MENU



APRIL TO JULY

Week 1
 weeks starting -:
 April 13th, May 4th,
 June 1st, 22nd, July
 13th

Week 2
 weeks starting -:
 April 20th, May 11th,
 June 8th, 29th

Week 3
 weeks starting -:
 April 27th, May 18th,
 June 15th, July 6th

Monday

Tuesday

Wednesday

Thursday

Friday

TOMATO GF PASTA (V)
 OR
 MEDITERRANEAN VEG GF TART
 WITH NEW POTATOES(SD)(V)

PORK & BEAN GF BURRITO
 OR
 VEGGIE BEAN GF BURITO(V)
 OR
 JACKET POTATO WITH BAKED
 BEANS & OR CHEESE (D)(V)

ROAST CHICKEN WITH ROAST
 POTATOES
 OR
 GF VEGGIE WELLINGTON WITH
 ROAST POTATOES
 OR
 CHEESE (D)(V) OR TUNA(F) GF
 ROLL WITH TORTILLA CHIPS &
 VEGETABLE STICKS

VEGAN MEATBALL & SMOKY BEAN
 STEW WITH MASH POTATO (V)
 OR
 JACKET POTATO WITH BAKED BEANS
 & OR CHEESE (D)(V)

BAKED SMOKED HADDOCK WITH
 TOMATO SAUCE & RICE (D)
 OR
 GF VEGGIE SAUSAGE AND CHIPS

RED PESTO & GF PASTA (V)(SD)
 OR
 CHEESE & TOMATO GF PIZZA WITH
 NEW POTATOES
 (D)(V)

CHICKEN THAI GREEN CURRY
 WITH RICE (S)
 OR
 THAI GREEN CURRY WITH
 ROASTED BUTTERNUT SQUASH &
 RICE (V)(S)
 OR
 JACKET POTATO WITH BAKED
 BEANS & OR CHEESE (D)(V)

ROAST PORK WITH ROAST POTATOES
 OR
 LENTIL MEATLESS LOAF WITH ROAST
 POTATOES (S)(V)
 OR
 CHEESE (D)(V)OR HAM &
 CUCUMBER GF ROLL WITH TORTILLA
 CHIPS & VEGETABLE STICKS

BEEF BOLOGNESE GF PASTA
 OR
 VEGGIE BOLOGNESE GF PASTA
 (V)
 OR
 JACKET POTATO WITH CHEESE
 (D)(V) OR TUNA (F)

GF FISH AND CHIPS (F)
 OR
 BAKED BEAN SLICE WITH CHIPS
 (D)(V)

CHEESY BEANS ON GF TOAST(D)
 (V)
 OR
 SUPER HERO GF PASTA
 (FULL OF VEGGIE GOODNESS(V)
 OR
 PEA & SALMON GF PASTA (SD)(F)

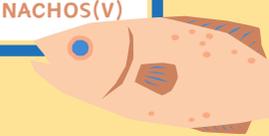
SWEET & SOUR CHICKEN WITH
 RICE (S)(C)
 OR
 JACKET POTATO WITH BEANS & OR
 CHEESE (D)(V)

SAUSAGE WITH ROAST POTATOES
 OR
 GF VEGGIE SAUSAGE WITH ROAST
 POTATOES
 OR
 CHEESE(D)(V) OR HUMMUS GF
 ROLL WITH TORTILLA CHIPS
 & VEGETABLE STICKS

SOY GLAZED CHICKEN WITH
 RICE (S)
 OR
 JACKET POTATO WITH
 CHEESE(D)(V)OR TUNA &
 MACKEREL(F)

GF FISH FINGERS and CHIPS
 (F)
 OR
 GF PUFF PASTRY PINWHEEL &
 CHIPS (D)(V)
 OR
 COWBOY BEAN NACHOS(V)

Allergy key - G=Contains Gluten, D= Contains Dairy, S= Contains Soya, C= Contains Celery, F= Contains Fish, M=Contains Mustard,

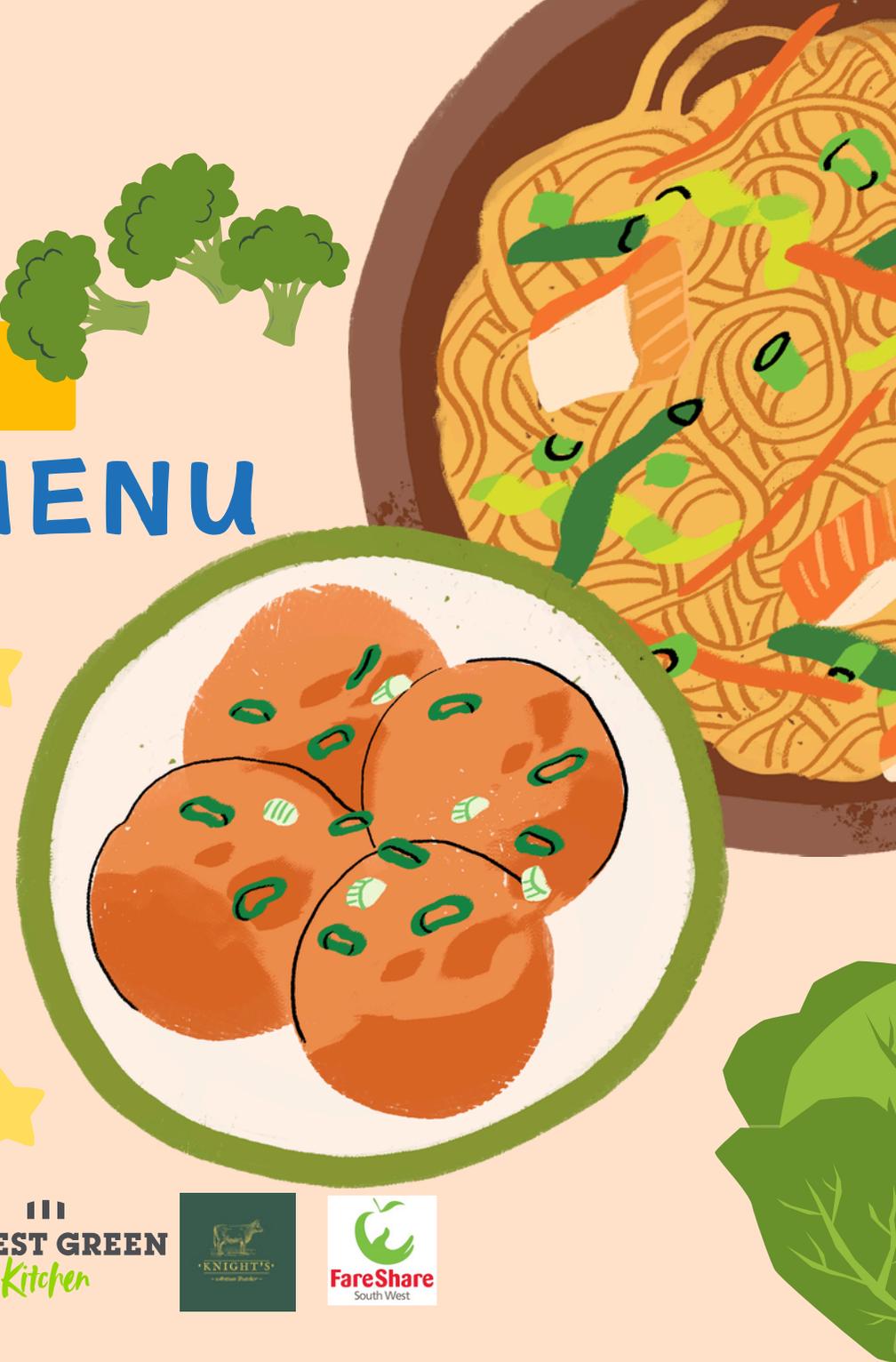




The Great Plate SUMMER MENU

April to July 2026

IF YOU'VE GOT ANY QUESTIONS ABOUT SPECIFIC ALLERGENS IN OUR DISHES, FEEL FREE TO ASK ANY MEMBER OF OUR KITCHEN TEAM –THEY'LL BE MORE THAN HAPPY TO HELP YOU OUT. FOR PARENTS WHOSE KIDS HAVE FOOD ALLERGIES OR SENSITIVITIES, WE KINDLY ASK YOU TO FILL OUT A FORM. THIS WAY, WE'LL HAVE ALL THE INFO WE NEED TO MAKE SURE YOUR CHILD'S NEEDS ARE MET. WHILE WE MAINTAIN VERY HIGH STANDARDS OF HYGIENE IN OUR KITCHENS, IT'S IMPORTANT TO KNOW WE MIGHT NOT ALWAYS BE ABLE TO COMPLETELY ELIMINATE THE RISK OF CROSS-CONTAMINATION DUE TO HOW WE COOK. YOUR UNDERSTANDING ON THIS IS GREATLY APPRECIATED!



Proud to
work
with...

