



## The Great Plate WINTER MENU

**November to December 2025** 

## Made without gluten

Welcome to The New Menu!

At The Great Plate, we believe school lunches should be as exciting as they are nourishing! Our mission has always been to serve up fresh, wholesome meals, lovingly cooked from scratch using locally sourced ingredients wherever possible.

This term, we're trying something a little different! You'll notice that our menu changes slightly from week to week. Why? We want to experiment with new dishes and see what YOU love the most! Think of it as a delicious adventure—if a dish becomes a big hit, you'll see it pop up more often in the future. And if it's not your favourite, no worries; we'll keep finding new things to try!

By listening to your feedback, we can build a menu that's not only fun and varied but also packed with all the goodness your growing body needs. Our goal is simple: to make every lunchtime tasty, nourishing, and something to look forward to! So grab your forks, get ready to explore, and let's dig in together!



IF YOU'VE GOT ANY QUESTIONS ABOUT SPECIFIC ALLERGENS IN OUR DISHES, FEEL FREE TO ASK ANY MEMBER OF OUR KITCHEN TEAM —THEY'LL BE MORE THAN HAPPY TO HELP YOU OUT. FOR PARENTS WHOSE KIDS HAVE FOOD ALLERGIES WE KINDLY ASK YOU TO FILL OUT A FORM. THIS WAY, WE'LL HAVE ALL THE INFO WE NEED TO MAKE SURE YOUR CHILD'S NEEDS ARE MET. WHILE WE MAINTAIN VERY HIGH STANDARDS OF HYIGENE IN OUR KITCHENS, IT'S IMPORTANT TO KNOW WE MIGHT NOT ALWAYS BE ABLE TO COMPLETELY ELIMINATE THE RISK OF CROSS-CONTAMINATION DUE TO HOW WE COOK. YOUR UNDERSTANDING ON THIS IS **GREATLY APPRECIATED!** 



**NatWest** 















work

with...







Fri 7<sup>th</sup> Nov

(F)

CHIPS (F)

**CHIPS** 

(V)

(F)

Fri 5<sup>th</sup> Dec

(F)

CHIPS (V)

Fri 12th Dec

(V)

(F)

GF PESTO PINWHEEL WITH

CHIPS (V)

MOROCCAN SAUSAGE STEW ROAST TURKEY WITH ROAST **COTTAGE PIE** WITH RICE **POTATOES** GF FISH FINGERS AND CHIPS **TUNA & TOMATO GF PASTA** VEGGIE COTTAGE PIE (V) MOROCCAN CHICKPEA STEW CHEESE (D)(V) OR HAM GF (F) WITH RICE (V) **ROLL WITH TORTILLA CHIPS** AND VEGGIE STICK CHEESE AND TOMATO GF PUFF PASTRY PIN WHEELS JACKET POTATO WITH BEANS, JACKET POTATO WITH BEANS GF VEGGIE SAUSAGE ROLL AND NEW POTS (V)(D) CHEESE (V) (D) /CHEESE (V)(D) OR TUNA WITH CHIPS (V) MAYO (F) Mon 10<sup>th</sup> Nov Tues 11<sup>th</sup> Nov Wed 12th Nov Thurs 13th Nov Fri 14th Nov **ROAST PORK WITH ROAST** HOMEMADE CHEESE AND HAM BEEF CHILLI AND RICE **POTATOES** GF PIZZA (D) **GF PASTA WITH TOMATO** GF FISH FINGERS AND SAUCE AND VEGGIE BALLS **VEGGIE LOAF WITH ROAST** HOMEMADE CHEESE AND VEGGIE BEAN CHILLI RICE (V) POTATOES (V) TOMATO GF PIZZA (V) (D) PESTO GF PASTA (V) HAM OR CHEESE (D)(V) GF **BAKED BEAN SLICE MADE ROLLWITH TORTILLA** JACKET POTATO WITH JACKET POTATO WITH WITH GF PASTRY AND CHIPS AND VEGGIE STICKS TUNA MAYO (F) BEANS/CHEESE (V)(D) /CHEESE(D)/BEANS (V) CHIPS (V)(D) Thurs 20<sup>th</sup> Nov Tues 18th Nov Mon 17th Nov Wed 19th Nov Fri 21st Nov **ROAST TURKEY WITH** PORK CURRY AND RICE GF BEEF COBBLER (G) **ROAST POTATOES** TOMATO GF PASTA GF FISH FINGERS AND CHIPS **ROASTED SQUASH CURRY** GF VEGGIE COBBLER (V) SALMON AND PEA GF PASTA & RICE (V) HAM OR CHEESE (D)(V) GF **ROLL WITH TORTILLA** PESTO GF PINWHEEL AND CHIPS AND VEGGIE STICKS CHEESE AND TOMATO GF **JACKET POTATO WITH** JACKET POTATO WITH MUFFIN PIZZA WITH NEW BEANS AND CHEESE (V)(D) TUNA MAYO (F)/BEANS (V) POTATOES (V)(D) Thurs 27th Nov Mon 24th Nov Tues 25th Nov Wed 26th Nov Fri 28th Nov COTTAGE PIE ROAST CHICKEN WITH ROAST GF FISH FINGERS AND CHIPS **POTATOES** BEANS ON GF TOAST (G) **VEGGIE COTTAGE PIE** VEGGIE MEATBALLS AND RICE VEGGIE LOAF WITH ROAST (V) (V) GF PASTA WITH MED VEG POTATOES (V) JACKET POTATO WITH GF VEGGIE SAUSAGE ROLL AND TOMATO SAUCE CHEESE (V)(D)/TUNA CHEESE (V)(D)OR HAM GF WITH CHIPS (V) (G) JACKET POTATO WITH BEANS MAYO (F) **ROLL WITH VEGGIE STICKS** /CHEESE (V)(D) Mon 1<sup>st</sup> Dec Wed 3<sup>rd</sup> Dec Thurs 4<sup>th</sup> Dec Tues 2<sup>nd</sup> Dec GF CHICKEN AND BEAN GF FISH FINGERS AND CHIPS **ROAST PORK WITH ROAST** GF SAUSAGE ROLL WITH **BURRITO POTATOES NEW POTATOES** GF TOMATO PASTA (V) GF VEGGIE BEAN BURRITO GF VEGGIE SAUSAGE ROLL (V) GF BAKED BEAN SLICE WITH WITH NEW POTATOES GF CHEESE AND TOMATO HAM OR CHEESE (D)(V) GF (V) MUFFIN PIZZA WITH NEW JACKET POTATO WITH **ROLL WITH TORTILLA** POTS (V)(G) BEANS/CHEESE (D)(V) CHIPS AND VEGGIE STICK JACKET POTATO WITH BEANS/CHEESE (V)(D) OR TUNA MAYO (F) Tues 9<sup>th</sup> Dec Wed 10<sup>th</sup> Dec Mon8th Dec Thurs 11th Dec CHEESE AND TOMATO GF PORK CURRY AND RICE GF BEEF COBBLER (G) **ROAST TURKEY WITH ROAST** GF FISH FINGERS AND CHIPS PUFF PASTRY PINWHEELS **POTATOES** WITH NEW POTATOES (V)(D) **ROASTED SQUASH CURRY** GF VEGGIE COBBLER (V) & RICE (V) **VEGGIE LOAF WITH ROAST BEANS ON GF TOAST** POTATOES (V) JACKET POTATO WITH BEANS GF VEGGIE MEATBALL SUB JACKET POTATO WITH CHEESE (D)(V) OR HAM GF /CHEESE (D)(V) WITH CHIPS PESTO GF PASTA BEANS AND CHEESE (V)(D) **ROLL WITH VEGGIE STICKS** AND POPCORN Thurs 18th Dec Mon 15th Dec Fri 19th Dec Tues 16th Dec Wed 17th Dec **GF PASTA WITH TOMATO ROAST PORK WITH ROAST** SAUCE AND VEGGIE BALLS **POTATOES** (V) GF FISH FINGERS AND CHIPS SAUSAGE AND CREAMY MASH **GF VEGGIE WELLIGTON** AND ROAST POTATOES (V)

Wed 5<sup>th</sup> Nov

Thurs 6<sup>th</sup> Nov

Mon 3<sup>rd</sup> Nov

CHEESE (D) GF ROLL WITH

TORTILLA CHIPS AND

**VEGGIE STICK** 

JACKET POTATO WITH BEANS,

CHEESE (V)(D)

Tues 4<sup>th</sup> Nov

HAM OR CHEESE (D) GF

**ROLL WITH TORTILLA** 

CHIPS AND VEGGIE STICK

JACKET POTATO WITH BEANS

/CHEESE (V) OR TUNA (F)