



## The Great Plate WINTER MENU

November to December 2025



Welcome to The New Menu!

At The Great Plate, we believe school lunches should be as exciting as they are nourishing! Our mission has always been to serve up fresh, wholesome meals, lovingly cooked from scratch using locally sourced ingredients wherever possible.

This term, we're trying something a little different! You'll notice that our menu changes slightly from week to week. Why? We want to experiment with new dishes and see what YOU love the most! Think of it as a delicious adventure—if a dish becomes a big hit, you'll see it pop up more often in the future. And if it's not your favourite, no worries; we'll keep finding new things to try!

By listening to your feedback, we can build a menu that's not only fun and varied but also packed with all the goodness your growing body needs. Our goal is simple: to make every lunchtime tasty, nourishing, and something to look forward to! So grab your forks, get ready to explore, and let's dig in together!



IF YOU'VE GOT ANY QUESTIONS ABOUT SPECIFIC ALLERGENS IN OUR DISHES, FEEL FREE TO ASK ANY MEMBER OF OUR KITCHEN TEAM —THEY'LL BE MORE THAN HAPPY TO HELP YOU OUT. FOR PARENTS WHOSE KIDS HAVE FOOD ALLERGIES WE KINDLY ASK YOU TO FILL OUT A FORM. THIS WAY, WE'LL HAVE ALL THE INFO WE NEED TO MAKE SURE YOUR CHILD'S NEEDS ARE MET. WHILE WE MAINTAIN VERY HIGH STANDARDS OF HYIGENE IN OUR KITCHENS, IT'S IMPORTANT TO KNOW WE MIGHT NOT ALWAYS BE ABLE TO COMPLETELY ELIMINATE THE RISK OF CROSS-CONTAMINATION DUE TO HOW WE COOK. YOUR UNDERSTANDING ON THIS IS **GREATLY APPRECIATED!** 















Proud to

work

with...



Wed 5<sup>th</sup> Nov Thurs 6<sup>th</sup> Nov Mon 3<sup>rd</sup> Nov Tues 4<sup>th</sup> Nov Fri 7<sup>th</sup> Nov MOROCCAN SAUSAGE STEW BATTERED FISH AND CHIPS ROAST TURKEY WITH ROAST **COTTAGE PIE** WITH RICE (G)(F) **POTATOES** MAC AND CHEESE (D)(G)(V) **CAULIFLOWER AND** VEGGIE COTTAGE PIE (V) MOROCCAN CHICKPEA STEW **VEGAN NUGGETS AND CHIPS BROCCOLI CHEESE WITH** TUNA & TOMATO PASTA (G) WITH RICE (V) (V)(G) ROAST POTATOES (V)(D)(G) (F) CHEESE (D)(V) OR HAM ROLL CHEESE AND TOMATO PUFF JACKET POTATO WITH BEANS, JACKET POTATO WITH BEANS VEGGIE SAUSAGE ROLL WITH WITH TORTILLA CHIPS AND PASTRY PIN WHEELS AND CHEESE (V) (D) /CHEESE (V)(D) OR TUNA CHIPS (V)(G) VEGGIE STICK (G) NEW POTS (V)(G)(D) MAYO (F) Mon 10<sup>th</sup> Nov Tues 11<sup>th</sup> Nov Wed 12th Nov Thurs 13th Nov Fri 14th Nov PASTA WITH TOMATO **ROAST PORK WITH ROAST** HOMEMADE CHEESE AND HAM FISH FINGERS AND CHIPS BEEF CHILLI AND RICE SAUCE AND VEGGIE BALLS **POTATOES** PIZZA (G)(D) (G)(F) (V)(G) **VEGGIE LOAF WITH ROAST** HOMEMADE CHEESE AND **VEGAN NUGGETS AND** VEGGIE BEAN CHILLI RICE PESTO PASTA (G)(V) POTATOES (V) TOMATO PIZZA CHIPS (V)(G) (V) (D)(G) HAM OR CHEESE (D)(V) **BAKED BEAN SLICE AND** EGG FREE MED VEG **ROLLWITH TORTILLA** JACKET POTATO WITH CHIPS (V)(D)(G) JACKET POTATO WITH QUICHE WITH NEW CHIPS AND VEGGIE STICKS TUNA MAYO (F) BEANS/CHEESE (V)(D) POTATOES (V)(G) /CHEESE(D)/BEANS (V) (G) Thurs 20<sup>th</sup> Nov Wed 19th Nov Mon 17th Nov Tues 18th Nov Fri 21st Nov **ROAST TURKEY WITH** PORK CURRY AND RICE BATTERED FISH AND CHIPS BEEF COBBLER (G) **ROAST POTATOES** TOMATO PASTA (G) (G)(F) **ROASTED SQUASH CURRY VEGGIE WELLIGTON WITH** VEGGIE COBBLER (V)(G) ROAST POTATOES (V)(G) SALMON AND PEA PASTA & RICE (V) **VEGAN NUGGETS AND CHIPS** (G)(F) (V)(G) HAM OR CHEESE (D)(V) JACKET POTATO WITH **ROLL WITH TORTILLA** CHEESE AND TOMATO JACKET POTATO WITH PESTO PINWHEEL AND CHIPS TUNA MAYO (F)/BEANS (V) MUFFIN PIZZA WITH NEW CHIPS AND VEGGIE STICKS BEANS AND CHEESE (V)(D) (G)(V) (D) POTATOES (V)(D)(G) (G) Thurs 27th Nov Mon 24th Nov Tues 25th Nov Wed 26th Nov Fri 28th Nov ROASTED BUTTERNUT **COTTAGE PIE** ROAST CHICKEN WITH ROAST FISH FINGERS AND CHIPS (G) PORK MEATBALLS AND RICE SQUASH, MAC AND **POTATOES** (F) (G)(M)CHEESE (G)(V)(D) **VEGGIE COTTAGE PIE** VEGGIE LOAF WITH ROAST (V) **VEGAN NUGGETS AND CHIPS** BEANS ON TOAST (G) POTATOES (V) **VEGGIE MEATBALLS AND RICE** JACKET POTATO WITH (V)(G) (V) CHEESE (V)(D)OR HAM ROLL CHEESE (V)(D)/TUNA **GNOCCI WITH MED VEG** WITH VEGGIE STICKS AND MAYO (F) VEGGIE SAUSAGE ROLL WITH AND TOMATO SAUCE CHIPS (V)(G) (G) JACKET POTATO WITH BEANS /CHEESE (V)(D) Mon 1<sup>st</sup> Dec Wed 3<sup>rd</sup> Dec Fri 5<sup>th</sup> Dec Tues 2<sup>nd</sup> Dec Thurs 4<sup>th</sup> Dec CHICKEN AND BEAN TOMATO PASTA (V)(G) **ROAST PORK WITH ROAST** BATTERED FISH AND CHIPS SAUSAGE ROLL WITH BURRITO (G) **POTATOES NEW POTATOES (G)** (G)(F)MAC AND CHEESE **VEGGIE BEAN BURRITO CAULIFLOWER AND VEGGIE SAUSAGE ROLL** VEGAN NUGGETS AND CHIPS (G)(V)(D)(V)(G) **BROCCOLI CHEESE WITH** WITH NEW POTATOES (V)(G) ROAST POTATOES (V)(D) (V)(G) CHEESE AND TOMATO JACKET POTATO WITH MUFFIN PIZZA WITH NEW BEANS/CHEESE (D)(V) HAM OR CHEESE (D)(V) JACKET POTATO WITH BAKED BEAN SLICE WITH POTATOES (V)(G)(D) **ROLL WITH TORTILLA** BEANS/CHEESE (V)(D) OR CHIPS (V)(G) CHIPS AND VEGGIE TUNA MAYO (F) STICK(G) Tues 9<sup>th</sup> Dec Wed 10<sup>th</sup> Dec Fri 12th Dec Mon8th Dec Thurs 11th Dec CHEESE AND TOMATO PUFF PORK CURRY AND RICE **ROAST TURKEY WITH ROAST** BEEF COBBLER (G) FISH FINGERS AND CHIPS (G) PASTRY PINWHEELS WITH **POTATOES** (F) NEW POTATOES (V)(D) ROASTED SQUASH CURRY VEGGIE COBBLER (G)(V) & RICE (V) **VEGGIE LOAF WITH ROAST** BEANS ON TOAST (G) POTATOES (V) **VEGAN NUGGETS AND CHIPS** JACKET POTATO WITH BEANS (V)(G) JACKET POTATO WITH CHEESE (D)(V) OR HAM ROLL /CHEESE (D)(V) PESTO PASTA BEANS AND CHEESE (V)(D) WITH VEGGIE STICKS AND VEGGIE MEATBALL SUB WITH (G) POPCORN (G) **CHIPS** (V)(G) Mon 15th Dec Wed 17th Dec Thurs 18th Dec Tues 16th Dec Fri 19th Dec **PASTA WITH TOMATO** CHICKEN AND BROCCOLI **ROAST PORK WITH ROAST** BATTERED FISH AND CHIPS SAUSAGE AND CREAMY MASH SAUCE AND VEGGIE BALLS STEW WITH RICE **POTATOES** (G)(F) (V)(G) (G)(D) **VEGGIE SAUSAGE AND GNOCCI WITH BROCCOLI AND BEAN VEGGIE WELLIGTON AND VEGAN NUGGETS AND CHIPS** CREAMY MASH (V) BUTTERNUT SQUASH (V) STEW WITH RICE ROAST POTATOES (V) (V)(G) (G) (V)(G) JACKET POTATO WITH BEANS JACKET POTATO WITH BEANS, HAM OR CHEESE (D) ROLL /CHEESE (V) OR TUNA (F) CHEESE (D) ROLL WITH CHEESE (V)(D) WITH TORTILLA CHIPS AND PESTO PINWHEEL WITH CHIPS TORTILLA CHIPS AND AND VEGGIE STICK VEGGIE STICK (G) (V)(G) VEGGIE STICK (G)