Learning Journey Growing and Changing Early Years

Children notice the similarities and differences between males and females. They begin to play inclusively with their friends, regardless of their sex (if not already doing so). They think differently and more openly about what a family may look





Children understand that animals and humans change in appearance over time. They use relevant vocabulary such as egg, seed, baby, grow, change, old, and young (and the names for young animals). They make observations and ask questions about living things.

RECEPTION

Life stages -

plants, animals,

humans

RECEPTION Where do babies come

Children are introduced to the basics of human understand that a baby is made by a woman and a man, and grows inside a woman's ummy/womb. They recognise that every famil is different and talk about the similarities and differences between themselves and others.

from?

Children reflect on how they have changed as they have grown. They can explain the differences between babies. understand that we are all

NURSERY Girls, boys and families

NURSERY When I was a baby

Children talk about how babies change as they grow, what they need and how this changes as they grow. They share their own experiences and listen to those of the others.

RECEPTION Life stages: Human life stage - who

will I be?

Children use the language and describe the different life stages of: age, and talk about their own experience of growing up.

RECEPTION Getting bigger

RECEPTION Me and my body - girls and boys

Children learn the names of parts of the body parts) using the correct vocabulary. They can body are kept private and safe - and why. They know to tell or ask an appropriate adult for help if they feel

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Learning Journey Growing and Changing Key Stage 1

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Children will be able to identify parts of the body that are private and ways in which they can be kept private. They can identify people that it's ok to talk to about their private parts.

Children will start to identify things they could do as a baby and toddler as well as things they can do now. They can identify the people who help or helped them at these different stages.

Year 1 Keeping privates private

Year 2 My Body, your body

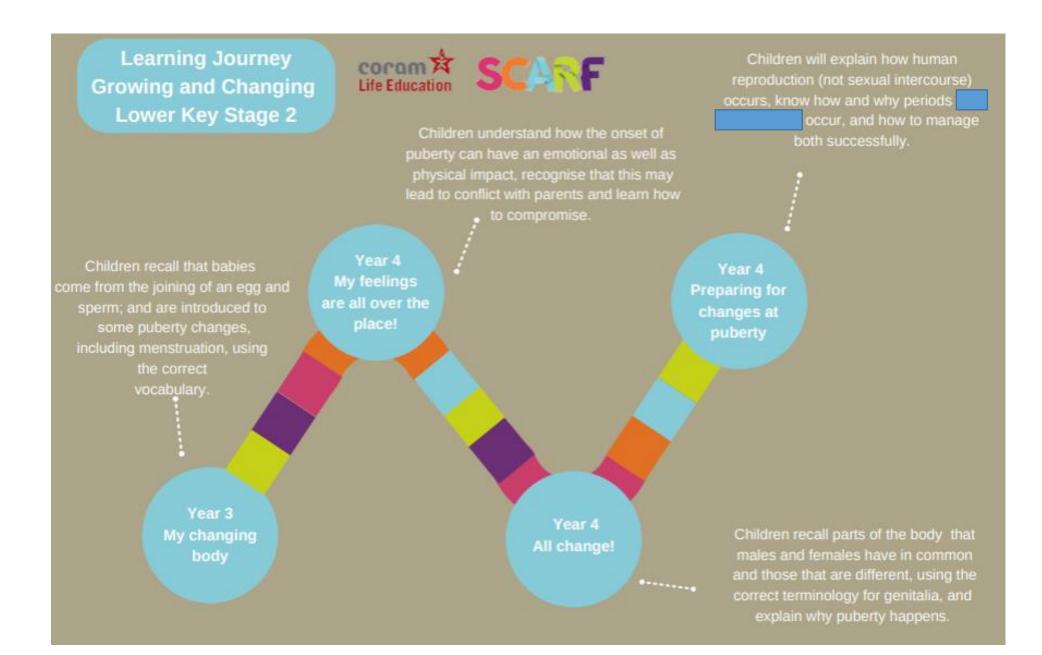
Year 1 Then and now

Year 1 Taking care of a baby Year 2 Haven't you grown? Children will recall which parts of their body are private. They will understand that genitals help make babies when we are older, and know that we mostly have the same body parts, but how they look is different from person to person.

Children will understand some of the tasks required to look after a baby, and how to meet the basic needs of a baby, for example, eye contact, cuddling, washing, changing, and feeding.

Children can identify different stages of growth (e.g. baby, toddler, child, teenager, adult) and describe some of the things that people are capable of at these different stages.

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Learning Journey Growing and Changing Upper Key Stage 2





Children apply their knowledge of the various puberty changes, including menstruation, and identify some products that they may need during puberty, and why.

Children will increase their vocabulary for the external sexual organs, as well as with various puberty changes.

Year 6 Making babies Children learn the variety of ways in which a couple can create a family (including and how it can be prevented. They learn the legal age of consent and what it means.

Year 5 Changing bodies and feelings

Year 5 Growing up and changing **Bodies**

Children recall that puberty is an emotional as well as a physical change, how and why mood swings occur and how to manage their strong feelings.

Year 5

Help! I'm a

teenager-

get me out

of here!

Year 6 Is this normal?

Children will apply their knowledge of the physical and emotional changes experienced during puberty and list strategies that would help someone who felt challenged by these changes.

In Year 5 we also cover;

- **Gender Identity**
- Wet Dreams and Masturbation
- **Revisit Periods**

In Year 6 we also cover;

- Stereotyping
- **Body Image**
- Media influence
- Sexting
- **Revisit Periods**