

## PE on a page

"Sport has literally changed my life. I'm here because of sport. It has given me a lot of confidence, a lot of courage, and a lot of discipline. It's helped me to be the person that I've grown to be today." Serena Williams



### Intent - We aim to...

Deliver an engaging and exciting curriculum that helps develop an interest in a variety of sports that can continue beyond school walls and school age

Encourage children to enjoy physical activity and the effect it has on their fitness and health.

Develop children's understanding of how to keep themselves healthy through exercise and healthy eating.

Enable all children to participate in physical activity with other children in our school and with other schools.

Develop children's skills in team work, problem solving, decision making, stamina, perseverance and determination.  
To develop social, emotional and thinking skills

### Implementation - How do we achieve this?

#### Planning and Knowledge Organiser (KO)

The teachers have access to the school's PE scheme GET SET 4 PE and use that as their basis for planning. This document outlines what knowledge, skills and techniques should be used when covering each area of PE. Teachers are able to see what skills and knowledge have been taught previously and therefore ensure a clear progression.  
Teachers will use the lesson and units plans provided by GET SET to teach PE.

#### Sports Coach

We are fortunate to have 2 sports coaches that work across the school for PE. They teach all KS2 pupils regularly and also teaches all KS1 pupils at least once a term. Because of this, the sports coach has a good handle on how children are achieving across the phases and areas that need development. He feeds back this formative assessment to the class teachers.

Having a specialist teach part of the subject means the children benefit from his specific expertise in PE. It also means that staff can gain support and CPD from the coaches.

#### Inter and Intra school sport

We aim to give all children the opportunity to attend sports events internally and with other schools. Some of these are competitive events or tournaments, some are experiences of more unusual sports and activities e.g. Archery

We strive to ensure all children regardless of sporting ability are able to access and successfully attend an event.

#### Sports Grant Award

We use PE provision and sports opportunities at school to support our sports grant award.

A main focus of this is the opportunity to develop a love of sport through tournaments, events, visits and extra curricular clubs.

# Implementation - continued...

## Curriculum progression and coverage including cross curricular

All core areas of PE are tracked across the year groups from EYFS to Yr 6 as shown on the milestones progression document and ladder. We ensure that skills and techniques develop appropriately in each area. Throwing and catching would look different in Yr. 2 compared to Yr 6, for example. Monitoring by the subject leaders ensures that we see this progression.

Phase teams also have opportunity to adapt the genres to fit other areas of their curriculum, for example Bollywood dance, African dance, Parkour etc.

Sports Day and Productions are opportunities to develop a love of athletics and dance.

## CPD

By developing teachers confidence and subject knowledge in leaving different areas of physical education we enable our children to receive high quality teaching with up to date and safe methods, resources and challenge.

## Assessment

Lessons are adjusted based on formative assessments made by the teacher. Pupils are assessed against statements linked to NC on Sonar at the end of each unit taught. The subject lead completes a data report based on these results which then inform the next year's action plan.

Pupils are available to self evaluate their progress through a unit using the pupil knowledge organisers.

## Links with PSHE—healthy living

PE has a strong emphasis on how are bodies work and staying healthy. We teach our children to recognise how their bodies and minds feel when they exercise in different ways. We also teach them the health benefits. We link this to work on a healthy diet, exercise and healthy minds.

# Impact - How do we know we've achieved our aims?

Pupils are engaged and active in lessons.

Clear development of skills from Reception to Year 6.

Pupils have skills and techniques which equip them to progress from their entry point to a genre.

Pupils engage in PE for enjoyment and also understand how it keeps their bodies healthy.

That children have an opportunity to attend a sports event at least once in KS2.

That children can use PE to keep a healthy mind and body and can describe the advantages of this.