

P.E. Learning Journey

Tag Rugby, Hockey, Basketball, Volleyball, Tennis, Cricket, Athletics

Gymnastics, apparatus, circuit training

Dance – Dance by Chance!, Lindyhop, production

Hockey, Handball, Field games, Rounders, Running/Relay

Balances and travels, Apparatus, Parkour

Dance – Hip-Hop, Traditional, Bollywood

Y5/6

MASTERING AND COMPETING

Fundamental Skills, Hockey, Outdoor adventurous games, Athletics, Rounders, Ball skills

Balances and travels, Gymnastics, Yoga, Swimming

Dance – Machines, A trip to...., Country and Western

Fundamental Skills, Netball, Outdoor activities, Tag Rugby, Athletics, Tennis

Gymnastics, Apparatus, Fitness, Swimming

Dance – The Spy, Carnival, The Twist

Y3/4

DEVELOPING AND REFINING

Fundamental Skills, Team Building, Athletics, Ball skills, Net and wall games

Yoga, Gymnastics, Swimming

Dance

EYFS

EXPLORING

Being Imaginative and Expressive

Physical Development

Introduction to PE (unit 1)

Ball skills (unit 1)

Dance (unit 1)

Fundamentals (unit 1)

Games (unit 1)

Gymnastics (unit 1)

Y1/2

UNDERSTANDING AND BUILDING

Compassion for the world Sense of Belonging Appreciation of Difference Awe and Wonder

