welcome to our assembly about



Do you know anyone with diabetes, you have ten seconds to talk with your partner



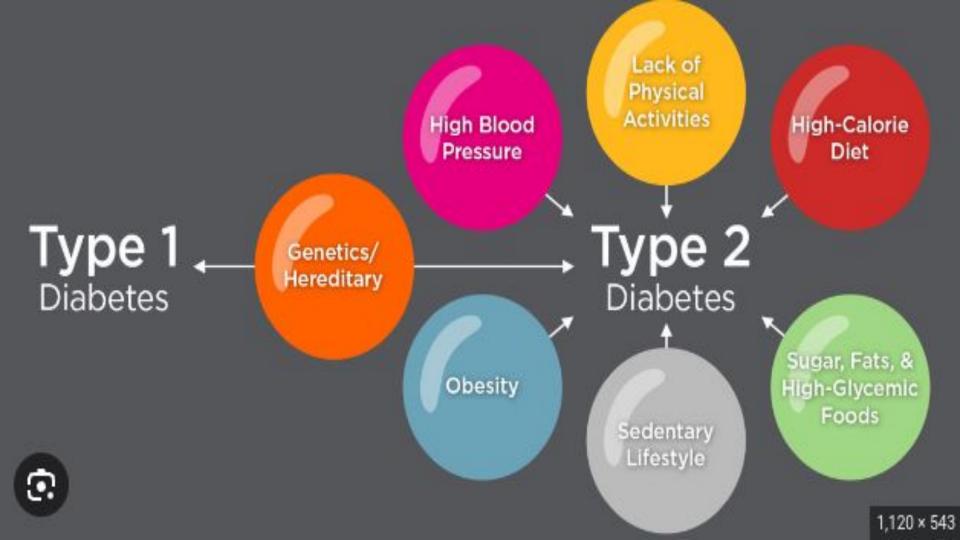


We will try to answer as many people as we can

What would you do if you had diabetes?

Talk to the person next to you





Type 1

- An autoimmune disease
- Requires insulin to live
- Not preventable, but some research shows that avoiding exposure to viruses can help reduce your risk
- Regular vaccinations and wellness visits are important

Types of Diabetes Type 2

- Insulin resistance can lead to elevated blood sugars
- Many people that have type 2 suffer from underlying health problems
- Can be prevented by eating healthy and staying active

Gestational

- Occurs during pregnancy
- Caused by a combination of genetic and environmental risk factors
- Blood sugar typically returns to normal after birth





Diabetes Symptoms

- Urinate (pee) a lot, often at night.
- · Are very thirsty.
- · Lose weight without trying.
- · Are very hungry.
- Have blurry vision.
- · Have numb or tingling hands or feet.
 - · Feel very tired.
 - Have very dry skin.

Penny

Penny has been so brave with diabetes i think she has got more confident. She has been good at injecting herself. And she has overcome her fear of needles. She has been good at changing her diet but she loves her sweets but she has been able to manage her craveing for them under wraps. And she has to be careful about her sugar levels or something bad could happen but she has been good of keeping her blood sugar levels right. from layla



I remember seeing a photo of her unconscious having a scan I felt so sad I couldn't breath it was so sad to see her in hospital and when I saw her irl hospital she was so brave and it was so brilliant to see her after so long



prayer

Dear Lord, Thank you for your help to aid us in our journey of health and May we be thankful for your help Amen

Thank you for listening to are assembly

(Shout out to Layla Millard, Edward lodge and a very special shout out to Mr Hawksby)

Bye Diabesties