



# Menu Week 1

TERMS 2,3&4

WEEKS STARTING : 6/11, 20/11, 4/12, 18/12, 15/01/24, 29/01, 19/02, 04/03, 18/03.

## MONDAY

GF DF VG

### OPTION 1

JACKET POTATO  
A) BAKED BEANS  
B) CHEESE (DAIRY)  
*DF AVAILABLE ON REQUEST*  
C) TUNA (FISH)

A) ● ● ●  
B) ● ● ●  
C) ● ● ●

**OPTION 2**  
VEGGIE CURRY  
WITH RICE

● ● ●

**PUDDING**  
OAT COOKIE (GLUTEN)  
*GF AVAILABLE ON REQUEST*

● ● ●

## TUESDAY

GF DF VG

**OPTION 1**  
SAUSAGE AND MASH  
WITH GRAVY

● ● ●

**OPTION 2**  
MAC N CHEESE (DAIRY,  
GLUTEN, CELERY)  
*GF & DF ON REQUEST*

● ● ●

**PUDDING**  
AUTUMN SPONGE  
(GLUTEN)  
*GF ON REQUEST*

● ● ●

## WEDNESDAY

GF DF VG

**OPTION 1**  
VEGGIE ROAST IN  
PASTRY (GLUTEN) WITH  
ROAST POTATOES  
*GF ON REQUEST*

● ● ●

**OPTION 2**  
CHEESE (DAIRY) AND TOMATO  
RISOTTO  
*VG ON REQUEST*

● ● ●

**PUDDING**  
FRUIT CRUMBLE

● ● ●

## THURSDAY

GF DF VG

**OPTION 1**  
PASTA (GLUTEN) WITH RED  
SAUCE AND MEAT BALLS  
*GF ON REQUEST*

● ● ●

**OPTION 2**  
JACKET POTATO  
A) BAKED BEANS  
B) CHEESE (DAIRY)  
*DF AVAILABLE ON REQUEST*  
C) TUNA (FISH)

A) ● ● ●  
B) ● ● ●  
C) ● ● ●

**PUDDING**  
BANANA CAKE  
(WHEAT, GLUTEN)  
*GF ON REQUEST*

● ● ●

## FRIDAY

GF DF VG

**OPTION 1**  
FISH FINGERS (WHEAT,  
GLUTEN) & CHIPS  
*GF AVAILABLE ON REQUEST*

● ● ●

**OPTION 2**  
VEGAN QUORN NUGGETS  
(WHEAT & GLUTEN) & CHIPS

● ● ●

**PUDDING**  
STICKY TOFFEE CAKE  
(WHEAT, GLUTEN)  
*GF ON REQUEST*

● ● ●

ALL MEALS ARE SERVED WITH  
WARM SIDE VEGETABLES  
AND A SELECTION OF RAW, CHOPPED  
FRUIT AND VEGETABLES

ITEMS WRITTEN IN RED HIGHLIGHT AN  
ALLERGEN IS IN THE DISH

GREEN DOTS HIGHLIGHT THAT A DISH IS FREE OF  
ALIGNED ALLERGEN

KEY  
GF = GLUTEN FREE  
DF = DAIRY FREE  
VG = VEGAN



# Menu Week 2

TERMS 2,3&4

WEEKS STARTING : 13/11, 27/11,  
11/12, 08/01/24, 22/01, 05/02,  
26/02, 11/03.

## MONDAY

GF DF VG

### OPTION 1

JACKET POTATO

A) BAKED BEANS

B) **CHEESE(DAIRY)**

*DF AVAILABLE ON REQUEST*

C) TUNA(FISH)

A) ● ● ●  
B) ● ● ●  
C) ● ● ●

### OPTION 2

**CHEESE(DAIRY)** AND BEAN  
TORTILLA(**GLUTEN**) TOASTIE  
*DF&GF AVAILABLE ON REQUEST*

● ● ●

### PUDDING

CHOCOLATE **COOKIE (GLUTEN)**  
*GF AVAILABLE ON REQUEST*

● ● ●

## TUESDAY

GF DF VG

### OPTION 1

STICKY CHICKEN  
AND RICE

● ● ●

### OPTION 2

**CHEESE** AND TOMATO  
PIZZA(**DAIRY, GLUTEN** & NEW  
POTATOES  
*GF&DF ON REQUEST*

● ● ●

### PUDDING

FRUIT COMPOTE AND  
**YOGHURT(DAIRY)**  
*DF & GF ON REQUEST*

● ● ●

## WEDNESDAY

GF DF VG

### OPTION 1

TOMATO **PASTA(GLUTEN)**  
BAKE WITH **CHEESE(DAIRY)**  
*GF & DF ON REQUEST*

● ● ●

### OPTION 2

**VEGGIE COTTAGE PIE**  
(**CELERY**)

● ● ●

### PUDDING

BAKED APPLE RINGS

● ● ●

## THURSDAY

GF DF VG

### OPTION 1

SAUSAGES AND ROAST  
POTATOES  
*GF ON REQUEST*

● ● ●

### OPTION 1

JACKET POTATO  
A) BAKED BEANS  
B) **CHEESE(DAIRY)**  
*DF AVAILABLE ON REQUEST*  
C) TUNA(FISH)

A) ● ● ●  
B) ● ● ●  
C) ● ● ●

### PUDDING

**SPOTTED SPONGE**  
(**WHEAT, GLUTEN**)  
*GF ON REQUEST*

● ● ●

## FRIDAY

GF DF VG

### OPTION 1

**FISH FINGERS (WHEAT,  
GLUTEN)&CHIPS**  
*GF AVAILABLE ON REQUEST*

● ● ●

### OPTION 2

**VEGAN QUORN NUGGETS**  
(**WHEAT&GLUTEN**) & CHIPS

● ● ●

### PUDDING

**CHOCOLATE BROWNIE**  
(**WHEAT, GLUTEN**)  
*GF ON REQUEST*

● ● ●

ALL MEALS ARE SERVED WITH  
WARM SIDE VEGETABLES  
AND A SELECTION OF RAW, CHOPPED  
FRUIT AND VEGETABLES

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ALLERGEN IS IN THE DISH

**GREEN DOTS** HIGHLIGHT THAT A DISH IS FREE OF  
ALIGNED ALLERGEN

KEY  
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VG = VEGAN