



Bullying

Types of bullying

.Emotional / mental bullying

.Cyber bullying

.Verbal bullying

.Physical bullying

When you get bullied...

You might feel like you can't tell anyone even your parents, why?

- YOU MIGHT NOT WANT TO WORRY THEM OR MAKE THEM FEEL OVERPROTECTIVE
- IT COULD BE SCARY TO TELL THEM BECAUSE YOU THINK THEY MIGHT THINK THAT YOU'RE A CRYBABY
- YOU'VE NEVER BEEN IN THIS SITUATION BEFORE

Cyber Bullying

Cyber bullying includes sending or posting mean or negative texts about someone else. It can also be

Sharing personal or private

Information about someone else

Causing embarrassment. There

can be physical effects as well.

Intense feelings of stress and anxiety due to cyber

bullying can result in physical issues.



How do you think this girl is feeling? Talk to the person next to you.

So what have you come up with



Physical bullying is not just the pointing of fingers it's kicking, hitting, tripping, pinching, and damaging other people's belongings constantly.

Verbal Bullying

What do you think verbal bullying involves?

Talk to your partner you have 30 seconds.

What ideas have you thought of?

We came up with

Possibly swearing, both talking behind their backs and in front of them and being really picky on what you do and commenting. It can also be name whispering or a putdown yelled loud enough for everyone to hear.

How to put a stop to bullying

1. Tell someone. If you tell someone you trust like a parent or a friend you will feel better because someone will know about it.
2. Tell them to stop. If you tell them, they will see that you are not afraid of them. You need to tell them until they stop.

quiz

- 1: what is the most easiest (for the bully) kind of bullying.
- 2: if it happens once is it bullying
- 3: why would **you** be bullied
- 4: which countries experience the most cyber bullying.

Answers

What percent of the population experience bullying = 28%

What countries experience the most bullying = India, U.S.A

Were now going to do some acting

One of us will be the bully and one of us will be the someone you can trust to show you how it would work.

I hope you now have learned how to prevent bullying or stick up for yourself even when you think it's impossible.

Please put your hands together for the prayer

Dear god

Please help us remember that bullying is not good

We pray that people who are being bullied will remember that they are loved

And that bullies know that it hurts to be bullied

Amen



Thank you

For listening to our assembly