

WEEK 1

April 17, May 1, 15 June 5, 19 July 3, 17.

Monday

Tuesday

Wednesday

Thursday

Friday

Main 1

Jacket Potato
(Beans, cheese, tuna)
DF, GF, VG avail

Main 1

Beef or Veggie
Bolognaise
with pasta
DF, VG, GF avail

Main 1

Lamb meatballs
or Falafel (VG, GF)
with humus

Main 1

Mac n Cheese
VG, GF avail

Main 1

Fish Fingers or
Vegan Nuggets
GF avail

Main 2

Chicken and sweetcorn
Wrap
GF

Main 2

Veggie Curry,
bhaji & rice
DF, VG, GF available

Main 2

Cheese, tomato,
baguette
GF, DF, VG Avail

Main 2

Greek Chicken
and rice
GF

Main 2

Veggie Sausage
Roll
VG

Sides

Baked beans,
Rainbow slaw

Sides

Green beans,
Sweetcorn

Sides

Grain Salad,
Roast squash

Sides

Broccoli &
Roast carrot

Sides

Chips and Peas,
carrots

Dessert

Chocolate chip cookie
VG
Fruit and yoghurt
Homemade Bread

Dessert

Forest Fruit
Jelly GF, VG
Fruit and yoghurt
Homemade Bread

Dessert

Brownie
VG
Fruit and yoghurt
Homemade Bread

Dessert

Seasonal fruit
crumble VG
Fruit and yoghurt
Homemade Bread

Dessert

Lemon cake
GF, VG
Fruit and yoghurt
Homemade Bread

WEEK 2

April 24, May 8, 22 June 12, 26 July 10, 24

Monday

Tuesday

Wednesday

Thursday

Friday

Main 1

Baked Lemon, herb
fish & French style veg

GF

Main 2

Jacket potato
Cheese and baked beans

GF,DF,VG avail

Sides

Rainbow slaw

Dessert

Anzac cookie

VG

Fruit and yoghurt
Homemade Bread

Main 1

Pork Stir Fry &
Rice noodles

GF

Main 2

Cheese Pizza

VG avail

Sides

Broccoli, Peas

Dessert

Rice Pudding &
Jam VG

Fruit and yoghurt
Homemade Bread

Main 1

Chicken or
Sweet potato Satay
& rice (no nuts)GF

Main 2

Filled Baguette
Cheese or Tuna

GF, VG avail

Sides

Sweetcorn,
Carrots

Dessert

Apple strudle

VG

Fruit and yoghurt
Homemade Bread

Main 1

Local Pork
Hotdog

Main 2

Veggie
Moussaka

GF, VG

Sides

Green Beans,

Dessert

Yum Yum balls

VG

Fruit and yoghurt
Homemade Bread

Main 1

Fish Fingers or
Vegan nuggets

GF avail

Main 2

Bean and cheese
Burrito

GF,VG avail

Sides

Chips and Peas,
carrots

Dessert

Rocky road VG

Fruit and yoghurt
Homemade Bread