#### thankfulness

Be thankful for everything

### What does thankfulness mean?

Talk to your partner for 30 seconds.

What words link to thankfulness? Here's some suggestions Appreciative Grateful

## Have you ever thought about keeping a thankfulness jar?

What do you Think a Thankfulness Jar might Achieve? It could make you happier about your life and Everything

around you.

#### Thankfulness quiz

Are you thankful for nature?

a) Yes b) No c) rarely

Do you appreciate that you have a school to go too?

- a) Yes
   b) No
   c) not very often
   Do you understand what people had gone through too get you what you want?
- a) Yes
  b) No
  c) sometimes
  Would you be thankful if you went into school in your pijamas?
  a) Yes
  b) No
  c) occasionally

lf you got ...

Mostly a:

Well done you are thankful for most things in your life this will make you a lovely person to be friends with

Mostly c:

Great you can work on your thankfulness skills but practice makes perfect Mostly b:

Try and find little tips and ways of making yourself more thankful.

#### "For everything God created is good, and nothing is to be rejected if it is received with thanksgiving."

This is a quote from the Bible. What do you think it is telling us to do?

# Thank you for listening to our assembly

### We hope you enjoyed it.