



# Level 3 Bikeability Cycle Training Courses Archway School, Stroud - Easter Holidays 2023

Level 3 Bikeability gives young people the confidence and skills

Sessions cost **£5** and last for 2 hours.

Ages 11 to 16 (and children aged 10 in Year 6 who have completed Level 2 Bikeability)

Small groups sizes

Delivered by fully qualified and experienced

make independent journeys by bike.

Monday 3rd to Thursday 6th April 2023 10am-12pm or 12.45pm-2.45pm

# Archway School, Paganhill, Stroud, GL5 4AX

For a booking form and to enquire about availability please email <a href="mailto:thinktravel@gloucestershire.gov.uk">thinktravel@gloucestershire.gov.uk</a>







# Level 3 Bikeability Cycle Training Easter Holiday Courses 2023 – Archway School

Thank you for enquiring about the **Level 3 Bikeability** Easter Holiday Courses at **Archway School** (Paganhill, Stroud, Gloucestershire, GL5 4AX). The course costs £5, lasts for 2 hours and is for ages 11 to 16 (and children aged 10 who are in Year 6 and have already completed Level 2 Bikeability).

Courses are designed to give young people the skills and confidence to make independent journeys by bike. For more information on Level 3 Bikeability please follow this link <a href="https://www.bikeability.org.uk/about-cycle-training/cycle-training-for-children/bikeability-level-3/">https://www.bikeability.org.uk/about-cycle-training/cycle-training-for-children/bikeability-level-3/</a>.

Sessions are delivered by fully qualified, professional, DBS checked and First Aid trained National Standard Instructors in small groups with a ratio of 1 instructor to 2 children.

\*Please note - courses are aimed at young people who can already ride a bike on quiet roads or have previously completed Level 1 & 2 Bikeability.

<u>HOW TO BOOK:</u> To secure a place, please complete this form and the consent slip at the bottom of the document and return it by email to <a href="mailto:thinktravel@gloucestershire.gov.uk">thinktravel@gloucestershire.gov.uk</a>. Payment details will be sent once the booking has been confirmed.

Please tick or highlight below which course you would like your child/children to attend (participants need to attend only 1 session).

Monday 3rd April 2023 10am to 12pm	Tuesday 4th April 2023  10am to 12pm  12:45pm to 2:45pm
Wednesday 5 <sup>th</sup> April 2022	
10am to 12pm	10am to 12pm
12:45pm to 2:45pm	12:45pm to 2:45pm
Name of child/children	
<u>Date of Birth</u>	
<u>Address</u>	
Contact phone number	

# **Previous Cycling Experience**

Completed Level 1 & Level 2 Bikeability

Confident cycling on quiet roads

To help us with grouping participants please speci	fy below your child's previous cycling experience (please
tick or highlight all that apply)	
Limited eveling even riones (but son ride a bike)	
Limited cycling experience (but can ride a bike)	

# **Please Bring**

A roadworthy bike (see ABC checklist - see below) A helmet Suitable clothing for the weather conditions

## **Important - Pre-Course Bike Safety Check**

Before bringing your child's bike to the course please check the following ...

#### Remember your... Make sure your handlebars, Ensure both your front and ... wheels and saddle are fixed back brakes work properly Air on tight B **Brakes** Check both your Run through all front and back tyres Clean and oil your chain your gears Chain are pumped up regularly to ensure that it is before every ride running smoothly

### **Parent / Guardian Consent Form**

Please read the following information before completing and returning with the rest of the form to thinktravel@gloucestershire.gov.uk .

•••••			
I understand that (please tick):			
☐ I agree to my son/daughter taking part in			
·			
	roadworthy I should seek the advice of a professional mechanic.		
☐ Instructors may at any time refuse to cor			
· · · · · · · · · · · · · · · · · · ·			
	belongings.		
	<ul> <li>It is recommended that trainees wear a helmet and it may be a requirement of the school.</li> <li>I agree to encourage my child to practice between each session and after the completion of training.</li> </ul>		
☐ I consent to the Bikeability instructor 'adjusting' my child's helmet if required, however I confirm they are not responsible for the			
physical condition or appropriate fitting of the helmet.			
☐ I consent to qualified instructors administering first aid to my child if required.			
☐ I understand that pupil data collected will be used to support the delivery and monitoring of training sessions/courses.			
☐ I understand that aggregated and anony	mised data will be shared with the Department of Transport for monitoring purposes.		
Please see https://www.gloucestershire.gov.uk/co	buncil-and-democracy/data-protection/service-specific-privacy-notices/ for further details		
about how we use and share your and your child's			
Full Name of Child / Children:			
·			
Are there any medical/ educational			
needs we need to be aware of?			
needs we need to be aware or.			
16 1 6 1311.			
If you are happy for your child to be photographed and/or filmed to help promote Bikeability via GCC social			
media, website, press, promotional materials, documents and reports, printed or digital, please tick here.			
I confirm that I have read all the information enclosed in the 'Parental Consent Form' and consent to my			
child (or the above child for whom I take responsibility) to take cycling lessons and related activities, which			
may include cycle maintenance as well as riding on the public highway. I understand that this information			
is retained by Gloucestershire County Council and used to ensure my child is eligible to undertake			
Bikeability training.			
Signed (parent/guardian) :			
Date:			
	1		

### **Privacy Information**

Any information you provide will be treated as confidential and in accordance with UK data protection legislation. We will keep and use your information for booking, organising and conducting road safety cycle training as part of the Bikeability Scheme. With your full consent, we may also photograph and/or film your child taking part in the scheme to help promote Bikeability. The information provided may also be shared with the Department for Transport, and be used for the wider purpose of providing statistical data used to assist with monitoring provision and applying for funding where relevant. Any information provided will not be shared with or passed on to any other third party. For full information on how we use your and your child's information, and how to exercise your rights under the Data Protection Act, please visithttps://www.gloucestershire.gov.uk/council-and-democracy/data-protection/service-specific-privacy-.