

# ©The Incredible Years®

## A 10 week parenting programme for Parents of children up to the age of 12

Our next course starts on  
**Thursday 12<sup>th</sup> January 2023**  
**- Thursday 23<sup>rd</sup> March 2023**  
**10:00am -12:00pm**  
**At**

**Treetops Children and Family Centre**  
School Road, Dursley  
GL11 4NZ

No session on 23<sup>rd</sup> February due to half term

We will explore many topics over the 10-week programme, some of  
which include:

- Dealing with different types of behaviours.
- Consequences
- Rules & Routines
- Building positive relationships

To make a referral to attend the  
programme, please contact  
**The Family Information Service on:**  
**0800 5420202**

**Jess Eastland or Linsey Filby at the  
Children's Centre on 01453 545904**

*Barnardo's, a registered charity number 216250 and SC037605*



Parenting Pyramid®