### **SPORTS GRANT PLAN 22 23**

## Sports profile:

- -School has good sports profile: Full time coach who also links to holidays and after school clubs// engage competitively interschool and intraschool.
- -Growing SEN profile inclusion therefore a key focus area
- -Very significant disparity in confidence/levels of engagement between a school sure majority and a not so school sure minority. Progress of this latter group (generally SEN as well as PP and/or pastoral concerns) is an ongoing priority for school.

## **Specific challenges:**

- -Concerns re mental health of pupils- incl in the aftermath of pandemic- including concerns re ability to self regulate/ emotionally regulate; re ability to play- social and emotional.
- -Disparity in confidence levels- see above.
- -Health and fitness of less confident
- -Health and fitness and willingness of pupils generally-

#### Aims: long term:

- For all pupils to have a positive attitude towards physical activity and sport and to recognise its many benefits, including health;
- For all pupils to have pursued or be currently pursuing an interest in at least one sport/ physical activity and to want to continue with some form of sport/ physical activity when they leave Minchinhampton;

# Aims: medium term:

Given the above profile and challenges, we are pursuing two key aims in the medium term:

- A: For all pupils to take opportunities to nurture their mental health and wellbeing within the school day.
- B: For all pupils to be aware of the need for and take the opportunity to <u>engage in physical</u> activity and look after their health and fitness- outcomes fully inclusive
- B: To ensure all pupils have opportunity to <u>engage in and enjoy competitive sport</u> either intersch or intrasch- outcomes fully inclusive.

# RECENT HISTORY

#### Kev actions recently taken

- a. <u>Interschool competition</u>: We have taken part in events on offer from local sports partnerships. We have worked with Atlas programme of sports competitions. We have run our own tournaments where there was a lack- eq netball, basketball, football
- b. Intraschool competition: Competitions in school run by coach / using Yr 6 leaders to support.
- c. Range of sports on offer: New sports introduced including frisbee, golf, dodge ball, hand ball.
- d. <u>Specialists</u>: Coach employed 5 days a week; Good connections with local coaches- eg local tennis coach
- e. CPD: Support from PE subject leader and coach in resourcing and delivering PE/ sports.
- f. <u>Resources</u>: Yearly audit and re-order. New PE shed. Investment in permanent and semi-permanent resources eg Muga and barriers
- g. <u>Infrastructure</u>: Cycle racks installed; Muga development; Running track built; Shipping container purchased and developed for and Nurture; Shipping container for bikes and go carts.
- h. <u>Lunchtimes:</u> use of scrapstore, playleaders, \*School captains /peer mediators/ introduced to support lunch play and wellbeing.
- i. <u>Links/ relationships:</u> Kickoff link- now running holiday club providing more pupils with range of sporting activities
- j. Mental health & wellbeing: Mindfulness training for staff, after school yoga club for staff and pupis;
- k. Health education: DT focus on healthy foods, Relationships education

#### I Curriculum:

- m <u>Assessment:</u> \*Introduction of whole school assessment tool.
- n Swimming: Opportunities for pupils in yr 2/3/4.

# Positive results of actions:

- a. <u>Interschool competition</u>:History of good participation rates and strong performances in interschool competitions eg district sports cup/ swimming cup. Good use made of MUGA for inter school tournaments. 56% of pupils taking part in inter-school sport (data from 21-22). 30 events involved in in year 21 22.
- b. <u>Intraschool competition</u>: All pupils at Minchinhampton have some experience of competitive sports

TABLE 2: Participating in Sports club outside or inside school this year

	Yes		
Boys	88		
Girls	91		
Total	179		
(SEN)	11		

- c. <u>Range of sports on offer</u>: Sports more inclusive with opps for all pupils to encounter new sports/ creating a more level playing field when competing— and develop an interest.
- d. Specialists: Pupils receiving specialist coaching from dedicated coach
- e. CPD:see mindfulness paws b
- f. Resources: PE sheds well stocked. Newwall bars: quote: I am good at PE because I am a bit strong so I can climb on the apparatus. I have learned to jump in different ways. .... I like going on the equipment because it stretches me. It's important to warm up because then you get fit.
- g. <u>Infrastructure:</u> Cycle racks now pupils cycling to school; Muga increased range and effectiveness of sports provision; Running track led to daily run/ walk= improved fitness as well as cycling; shipping container use = improvements in mental health; Quote: *I like running on the track in PE. It gets you more extra good at running. Then your body is better at football.*
- h. <u>Lunchtimes:</u>incrseased staff supervision, peer mediators, support with football. June 22: 74% of pupils participating in sports at lunchtime. 'DP met with Bethany, a Peer Mediator who explained her training & role. She was required to intervene in a playground dispute that she resolved sensitively and successfully alongside a Lunch Supervisor. At all times she, and her role were treated respectfully. As she explained to me afterwards, 'Sometimes you have to use tough love, but with kindness.' Gov Eval Day 22

TABLE 3: Sports at lunchtime\_

	Yes		
Boys	78		
Girls	87		
Total	165		
(SEN)	14		

- i. <u>Links/ relationships:</u> many pupils gaining from link between in school sports– after school clubs and holiday club
- j. <u>Mental health & wellbeing</u>: Mindfulness now taught to all KS2 classes- PawsB programme; Mindfulness sessions in class by class teachers;
- k Health education: Coach running healthy living classes when wet
- I Curriculum: KO's written for PE
- m <u>Assessment:</u> Impact: Staff wable to identify achievements of all children in their classes and their next steps in learning.
- n <u>Swimming</u>: Quotes: *I got better at swimming backstroke because I persevered. ....I am really glad that I have moved up groups in swimming and I am getting better at swimming in the deep end.* % of pupils achieving 25 metres??

(See tables of results below)

## **NEXT STEPS:**

#### **Outstanding Need:**

- a. Interschool competition: sports competition v limited over covid. Some gaps eg basketball.
- b. Intraschool competition: Again impacted on by Covid and could be more regular opportunities
- c. Range of sports on offer: more intra-school possibilities needed post covid,
- d. Specialists: Scope for more specialists into school post Covid- to boost the offer provided by in house coach
- e. CPD: consider CPD re health and mental health- cos of need- eg factsforlife
- f. Resources: new shed to ensure quality resources maintained
- h. Lunchtimes: issues at lunchtimes- cos of dysregulation

- i. <u>Links/ relationships</u>: develop kick off further into other schools in DGAT/ to run events for DGAT?
- j. <u>Mental health</u>: signif number of pupils emotionally dysregulated from spring 22; continued in Autumn '22
- k Health education: lack of PSHE and PE linking a missed opportunity.
- I <u>Curriculum:</u> Need for greater consistency when using scheme to ensure progression and continuity
- m Assessment: need for more dynamic assess and eval capacity to do on the hoof

# **Therefore Now:**

Spending priorities for Sports Grant :22/23

Total allocation: £18,720

Area of devpt	Action	Cost	Evaluation/ Sustainability
a. Interschool competition:	*Continue to engage in Atlas programme of sports competitions. Focus on inclusion – on most pupils possible involved  Run our own sports events for DGAT and local cluster schools- org by Kick off. Focus on inclusion through provision of unusual sports competitions and KS1	Atlas Sports: £950	*Sport audit tool: track number of pupils taking part in inter-sch sports for all.  Looking for higher % participation- target of 70% participation  See sports reports written about each event on website  24 children went to football event Oct 22
b. Intraschool competition:	New intraschool timetable drawn up:  *Wednesday am introduced - sports mornings for phases -this needs to include element of competition given the aim here  *Tuesday pm class extra sport introduced -		*Sport audit tool: track number of intra-sch sports for all.  All pupils taking part in intra-school sports  *Interviews of pupils post sports events  *Reports by pupils- see comments on sports
c. Range of sports on offer:	*Build a programme of cooperative sports with strong links made back to pupil learning attitudes (including listening - see behaviour).  Arrange wheelchair basketball or other visitors to extend sports opportunities  Outdoor and adventurous activities - plan in a day that sports coach can support teachers to try team building, orienteering, cross country type activities - Yr 3 and 5 (4 and 6 cover this on residential)		*List of sports offered at Minch over 2 yr period created  *Qualitative feedback re cooperative sports- quotes from pupils.  See list of sports on offer below  All children in KS2 have an opportunity to participate in less mainstream sports - outdoor and adventurous

d. Specialist Support/ Leadership:	*Continue employment of dedicated sports coach to maintain high profile for sports in the school. Full week- including sports clubs before and after school.  Coach to take on apprentices as of 21/22  * PE coach to develop leadership skills. PE lead to work with Stef Etherington on strategic overview and assessment	£8936	*Build leadership 'team'- assistant head + coach  *Yearly Facts4Life course undertaken by coach
e. CPD:	*Facts for life - see below  *.Act on the staff audit through staff meetings - Coach or other staff to deliver  *Example lesson plans provided alongside the scheme of work  * PawsB training- Mindfulness-	£300	*Continue to evaluate staff confidence and skill level. Next step - possibly dance and / or games CPD
f. Resources:	*Improve the facilities on offer during playtime and lunchtime to ensure all children are physically active: - revamp shed as lunchtime resources, appoint PE captains to manage and encourage sports at lunch  *Outdoor play equipment - monkey bars, climbing frames etc (metal) funded by school and PTA	£2500	Survey re number of pupils participating at lunchtimes  More children engaged purposefully at lunchtime  Less negative behaviour
g. Infrastructure:	Maintain running track - needs re-gritting  Maintain sandpit in summer for athletics- needs more sand and cover	£2000	useable resource for teaching and general physical activity - daily run
h. Lunchtimes:	Employment of adult play leader for lunchtimes- to coordinate activities  Create PE captains/ playleaders  See resources - outside fixed play equipment	£3500	*Interview/ observe peer mediators- governor evaluation day  *An increase in the number of children who are physically active during breaks and a decrease in negative behaviour
i. Links/ relationships:	*School support KickOff Stroud / act as hub for apprentice training & devpt- coach as director  *Sports coach attending/ supporting Minchkins; youth club?		*Number of DGAT schools taking up offer raised *Evaluation of training and impact

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	Links and promotion with local community things - minch rugby, Minch 10k, parkrun etc		Sports audit tool for school pupils attending holiday club  More participatioon with local sport
j. Mental health:	*Yoga reintroduced for pupils and staff  *Coach to support pupils with pastoral needs using physical activity.  * Extend capacity to teach mindfulness to classes- to support pupil mental health		*Second member of staff trained in mindfulness - *See PawsB training
k. Health education:	*Facts for Life training- coach- to help deliver PSHE healthy living  *Coach to explore/use Premier League Primary Stars- resources for pshe and PE,  *Defined programme of work to be embedded for coaches to run as part of PE/ alongside PE to complement PSHE	£200	*Feedback from individual and group cooking sessions
I. Curriculum links:	*Explore possible links between PE and PSHE – see Facts4Life training  *Dance styles linked to curriculum eg Bollywood, Lindyhop		*identified on PSHE plan and delivered by coach identified on LTP
m. Assessment	*Purchase of ipads for all staff to support in assessment and evaluation process		*Target tracker statements created / assessed termly or unit by unit
n Swimming	Extra swimming sessions organised for those w'out 25 m		90% of pupils achieve 25m