



21th July 2022

Good evening

One last email I promise, (well for now). I just wanted to bring this free event to your attention. I am sure some of you will find it very interesting and hopefully it will be helpful if your little people are struggling with Anxiety and Worry. You can self refer by clicking the link.

Have a wonderful Summer

See you all in September
Kerrie

Gloucestershire Young Carers are hosting 2 events for the next academic year.

We are hosting 2 information events, one on the 18th August (6pm-8pm) and one on the 23rd September (10am-12) with CYPS titled

Supporting your child with anxiety and worry

We recognise that parents or extended family may not see themselves as a carer, but are aware their child needs support in this area. These are interactive and informative sessions with small groups (15 max)

Is it possible to share this information with the county schools to reach people this may benefit? They will need to register with Gloucestershire Carers Hub to attend. To register, please can they be directed to:

[Self Referral - Gloucestershire Carers Hub](#)

Or a professional can refer people via:

[Refer a Carer - Gloucestershire Carers Hub](#)

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