



28th May 2021

Dear Parents and Carers,

As a part of your child's education, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme.

PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

We are writing to let you know that, in the summer term, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme.

Lessons in Year 3 will include pupils learning about

My Changing Body:

- Babies come from the joining of an egg and sperm.
- What happens when an egg doesn't meet a sperm?
- Periods are a normal part of puberty.

Lessons in Year 4 will include pupils learning about

All Change:

- Body parts of male and female – what is the same and what is different.
- Correct terminology for genitalia
- Understand why puberty happens

Preparing for Periods

- Key facts of menstrual cycle
- Periods are a normal part of puberty.
- Identify some of the ways to better cope with periods.

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We will be separating the girls and boys for these talks, but both groups will receive the same input.

Pupils will also have opportunities to ask questions within these sessions.

If you have any questions or concerns, please contact your child's class teacher or Mr Moss.

Yours sincerely,

Miss Griffiths, Ms McCarron and Miss Tonner

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