



January 2019

Dear Parents/Carers

As you may know one of our students is allergic to egg.

I am keeping the school community updated because she has had a couple of allergic reactions. Not only can these reactions be debilitating, leaving her skin raw and painful for up to two weeks, but also we are concerned that regular reactions could see a further escalation of her allergy and her reactions could become anaphylactic. For information here is a link to an egg reaction ladder: <https://goo.gl/images/Uj4zav>

In September the evidence pointed to her being contact allergic only to 'less cooked egg', for example scrambled egg or mayonnaise. As a result we asked that you not put mayonnaise in any of your packed lunches and for Reception not to have egg or mayonnaise. Everyone has been very cooperative and helpful and neither of the reactions thus far has actually been due to a breakdown in this protocol.

Unfortunately the two reactions indicate she has also become allergic to 'well cooked egg', for example cake. We are not asking for cake to be taken out of lunchboxes or off the menu at this stage but we will be sure to remind children to wash their hands after eating cake. Please could you do this also when children are at school events where cake may be consumed.

Thank you for your cooperation in this matter. Please feel free to come and chat if you have any questions regarding our management of the allergy or have any helpful suggestions for us.

Happy New Year

Yours sincerely

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