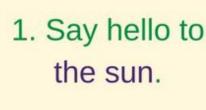
SPRING YOGA

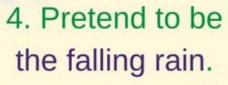
10 easy yoga poses for kids



Pretend to be a tree.



Pretend to be a flying bird.





5. Pretend to be planting seeds.

KIDS YOGA STORIES