

# EARTH DAY FUN

EVERY DAY WE CAN DO OUR PART TO KEEP THE WORLD CLEAN AND BEAUTIFUL. WE CAN LEARN HOW TO CONSERVE RESOURCES AND PROTECT THE PLANET!



## MEASURE YOUR FOOTPRINT ON THE WORLD

Trace around your foot and use it to measure your room! Your footprint on this world is how much space you use. You can also measure each room of the house.



## BRUSHING TEETH WATER CONSERVATION ACTIVITY

Place a bowl under the faucet and brush your teeth for the full two minutes with the water running. Measure the amount of water in the bowl. Now compare that to brushing your teeth for the full two minutes with the water only running when necessary. Measure that amount of water and compare the two.



## HOW MANY LIGHTS ARE ON GRAPHING ACTIVITY

At breakfast, lunch, and dinner, check out how many lights are on and write down the numbers. You can also check more frequently during the day. You can then graph it! Add the total for the day and keep track over the course of the week. You can have a daily graph and then a graph of the daily totals for the whole week.



## THE IMPACT OF TRASH

Last year we took a walk around the neighborhood and collected any trash we could find. You can do this just about anywhere trash thrown on the side of the road. Put all your trash in a bin of clean water. Talk about what happens to the water over the next 24 hours.



## GO-SCREEN FREE FOR THE DAY

Use less energy and unplug! Read a book, ride your bike, play a board game, make art, or anything else you enjoy that doesn't require energy. Using less energy keeps the planet and everyone on it healthier for the future!

## CONNECT WITH NATURE

When you connect with nature you naturally want to protect its beauty! Get outside and explore. It's a great opportunity to go screen-free and conserve energy too. Find a new trail, go to the beach, or just play games in the backyard. Share the enjoyment of the outdoors with your kiddos and it will help them understand why the environment is so important.



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